



SEPTEMBER | 2018

MAYS COMMUNITY ACADEMY SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 Pancake Wrap/Syrup Choice of Fruits Choice of Milks Taco/Soft Shell/Lettuce/Salsa Chips/Shredded&Cheese Sauce Taco Sauce/Sour Cream Buttered Corn Choice of Fruits Choice of Milks	5 French Toast /Syrup/Sausage Choice of Fruits and Juice Choice of Milks Chicken & Noodles Mashed Potatoes Broccoli and Cheese Sauce Yeast Roll/Butter/Jelly Choice of Fruits and Juice Choice of Milks	6 Pancakes/Syrup/Sausage Choice of Fruits and Juice Choice of Milks Corn Dogs Mustard/Ketchup French Fries Baked Beans Choice of Fruits and Juice Choice of Milks	7 Scrambled Eggs/Ham/Cinn Toast Choice of Fruits and Juice Choice of Milks Taco Pizza Wedges/Salsa Sour Cream/Cheese Sauce Tossed Salad/Ranch Dressing Carrots/Celery Gram Cookies Choice of Fruits and Juice Choice of Milks
10 Pancakes/Syrup/Ham Choice of Fruits and Juice Choice of Milks Chicken Nuggets Must/Ket/BBQ/HoneyMust/ Ranch French Fries Baked Beans Choice of Fruits and Juice Choice of Milks	11 Pancake Wrap/Syrup Choice of Fruits Choice of Milks Taco/Soft Shell/Lettuce/Salsa Chips/Shredded&Cheese Sauce Taco Sauce/Sour Cream Buttered Corn Choice of Fruits Choice of Milks	12 French Toast/Syrup/Sausage Choice of Fruits and Juice Choice of Milks Popcorn Chicken/General Tso Sauce/Ranch/Honey Must/BBQ French Fries/Ketchup California Blend/Cheese Sauce Yeast Roll/Butter/Jelly Choice of Fruits and Juice Choice of Milks	13 Pancakes/Syrup/Sausage Choice of Fruits and Juice Choice of Milks Chili/Crackers Hot Dog on a Bun Must/Ket/Relish/Shred Cheese Ice Cream Cups Choice of Fruits and Juice Choice of Milks	14 Scrambled Eggs/Ham/Cinn Toast Choice of Fruits and Juice Choice of Milks Ham/Turkey/Cheese Wrap/Mayo Must/Ket/Pickles/Lettuce Tator Tots Celery/Carrots/Ranch Cinnamon Cookie Choice of Fruits and Juice Choice of Milks
17 Pancakes/Syrup/Ham Choice of Fruits and Juice Choice of Milks Chicken Pattie on a Bun/Lettuce Must/Ket/Mayo/BBQ/Ranch/Pickles French Fries Baked Beans Choice of Fruits and Juice Choice of Milks	18 Pancake Wrap/Syrup Choice of Fruits Choice of Milks Taco/Soft Shell/Lettuce/Salsa Chips/Shredded&Cheese Sauce Taco Sauce/Sour Cream Buttered Corn Choice of Fruits Choice of Milks	19 French Toast/Syrup/Sausage Choice of Fruits and Juice Choice of Milks Fish Fillet on a Bun Must/Ket/Tartar Sauce Tator Tots California Blend/Cheese Sauce Choice of Fruits and Juice Choice of Milks	20 Pancakes/Syrup/Sausage Choice of Fruits and Juice Choice of Milks Spaghetti with Meat Sauce Tossed Salad/Dressings Warm Garlic Bread Apple Crisp w/ Whipped Cream Choice of Fruits and Juices Choice of Milks	21 Scrambled Eggs/Ham/Cinn Toast Choice of Fruits and Juice Choice of Milks Ravioli Bosco Cheesy Bread Sticks Cheese Sauce Green Beans Gram Squares Choice of Fruits and Juice Choice of Milks
24 Pancakes/Syrup/Ham Choice of Fruits and Juice Choice of Milks Hamburger on a Bun Must/Ket/Mayo/Pickles/Cheese French Fries Broccoli with Cheese Sauce Choice of Fruits and Juice Choice of Milks	25 Pancake Wrap/Syrup Choice of Fruits Choice of Milks Taco/Soft Shell/Lettuce/Salsa Chips/Shredded&Cheese Sauce Taco Sauce/Sour Cream Buttered Corn Choice of Fruits Choice of Milks	26 French Toast/Syrup/Sausage Choice of Fruits and Juice Choice of Milks Chicken Rings Must/Ket/BBQ/HoneyMust/ranch Mashed Potatoes California Blend/Cheese Sauce Yeast Roll/Butter/Jelly Choice of Fruits and Juice Choice of Milks	27 Pancakes/Syrup/Sausage Choice of Fruits and Juice Choice of Milks Sloppy Joe on a Bun Tator Tots/Ketchup Baked Beans Strawberries/Cake/Whip Cream Choice of Fruits and Juice Choice of Milks	28 Scrambled Eggs/Ham/Cinn Toast Choice of Fruits and Juice Choice of Milks Cheese Pizza Tossed Salad/Dressings Carrots/Celery/Ranch Cinnamon Cookie Choice of Fruits and Juice Choice of Milks

BREAKFAST:

Served in cafeteria at 7:45 am

- 8:15 am

A student may choose a cheese stick, poptart, cereal, cereal bar, muffin, or peanut butter sandwich in place of the hot entrée for breakfast.

We also have grab and go breakfast in a bag that a student may choose

LUNCH:

A student may choose a peanut butter sandwich and cheese stick in place of hot entrée for lunch.

To order to go lunches: for \$5.50 or to join us for lunch at school for \$3.50 please call 765-645-5577 by 9:00 am.

Adult Breakfast: \$1.75

Adult Lunch: \$3.55

Fresh fruit and snacks served daily. Milk (white, chocolate and strawberry) and water offered with every meal.