

MAYS COMMUNITY

MAY | 2022

ACADEMY SCHOOL

MAYS COMMUNITY ACADEMY SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 Pancake/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken Nuggets Ket/BBQ/Ranch/HoneyMust French Fries Baked Beans Choice of Fruit/Juice Choice of Milks</p>	<p>3 Breakfast Pizza Choice of Fruits/Juice/Milks <u>Burrito Bowl</u>: Lett/Rice/Taco Sauce Sour Cream/Shred Cheese/Onions Black Beans/Chicken/orBeef Nacho Chips/Queso Buttered Corn Choice of Fruits/Juice/Milks</p>	<p>4 Sausage Gravy/Biscuit Choice of Fruits/Juice/Milks Chicken Pattie on a Bun Must/Ket/Mayo/BBQ/Pickles Tator Tots California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p>5 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken and Noodles Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter Choice of Fruits/Juice Choice of Milks</p>	<p>6 Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Taco Pizza/Taco Sauce/ Tossed Salad/Dressings Carrots/Ranch Dip Celery/Peanut Butter Choice of Fruits/Juice Choice of Milks</p>
<p>9 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Tenderloin on a Bun Must/Ket/Mayo/Pickles Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>10 Breakfast Pizza Choice of Fruits/Juice/Milks Spaghetti w/ Meat Sauce Tossed Salad/ Dressings Green Beans Garlic Bread/Parmesan Cheese Choice of Fruits/Juice Choice of Milks</p>	<p>11 Eggs/Ham/Toast Choice of Fruits/Juice/Milks Chicken Tenders Must/Ket/HoneyMust/Ranch/BBQ Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>12 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Ham and Cheese Sub Must/Ket/Mayo/Ranch/Lett/Pickles French Fries California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p>13 Streusels Choice of Fruits/Juice/Milks Pizza Carrots/Ranch Dip Celery/Peanut Butter Peas Choice of Fruits/Juice Choice of Milks</p>
<p>16 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Grilled Chicken Pattie on a Bun Lettuce/Pickle/Mayo/BBQ/Ket/Must Honey Mustard/Ranch French Fries Baked Beans Choice of Fruits/Juice/Milks</p>	<p>17 Breakfast Pizza Choice of Fruits/Juice/Milks Meatloaf Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>18 Eggs/Cheese/Sausage/Biscuit Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Buttered Corn Ice Cream/Cake for Summer Bdays Choice of Fruits/Juice Choice of Milks</p>	<p>19 "DEN OLYMPICS" French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks SACK LUNCH: (Uncrustable or Ham and Cheese Lunchable) Carrots/Celery/Chips/Cookie Choice of Fresh Fruits/Juice Choice of Milks</p>	<p>20 "FIELD DAY FUN!!! Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Roasted Hot Dogs on a bun Must/Ket/Relish/Carrots/Celery Chips/Cookie/Choice of Fresh Fruits/Juice Choice of Milks</p>

BREAKFAST: Served in cafeteria:

7:45 am until 8:15 am

A student may choose a cheese stick/ pop tart/cereal/cereal bar/donuts or an uncrustable in place of the hot entrée for breakfast and those students will eat in the cafeteria. We also offer a grab 'n go breakfasts where students select items/we place in a ziplock bag.(from 7:45 to 8:30 am) and they eat in their classroom.

All students must choose at least 3 items and one item must be a fruit or juice to complete the meal.

LUNCH:

A student may choose an uncrustable and cheese stick or a lunchable in place of hot entrée for lunch and then the student may choose vegetable, fruit, juice and milk (a student must take at least 1 veggie and/or fruit/juice to make a complete meal)(some items count as 2 items: sandwich=bread and meat; pancake wrap=bread and meat; pizza=bread and meat; so one choice of fruit/juice or veggie completes the meal.

Jr. High Student options: hot lunch, cold, lunch items, pizza or a salad.

To order to go lunches: for \$5.50 or to join us for lunch at school for \$4.60 please call 765-645-5577 by 9:00 am.

Adult Breakfast: \$2.50/Lunch: \$4.60

Fresh fruit and snacks served daily. Milk(white or chocolate) and water are offered with every meal.

All student breakfasts/lunches are free.

Any student that brings their lunch may also choose 3 items from school lunch to supplement their packed lunch.

23 *HAVE A FUN AND*

30 *SAFE SUMMER!!!!!!!*